

# Shoulder Cryo/Cuff™ IC Patient Information

Patient:

Doctor:

## What is the Cryo/Cuff IC?

### The Cryo/Cuff IC has 2 functions

- Compression- reduces swelling.
- Cold- reduces pain.

### The Cryo/Cuff IC has 3 parts

- Cuff- holds water and covers the shoulder.
- Cooler- holds water and ice.
- Tube- carries water between cooler and cuff.

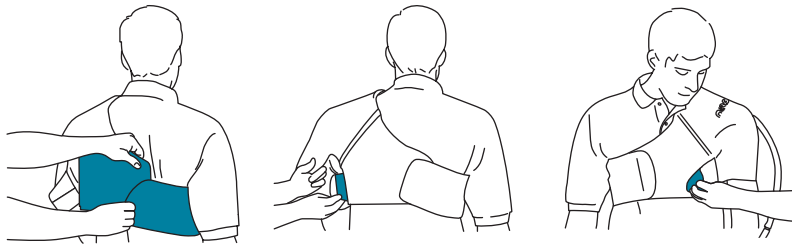
## How is the Cryo/Cuff IC used?

### Before applying the cuff, prepare the cooler

1. Connect the blue tube to cooler.
2. Add cold water to line inside cooler.
3. Fill with ice.
4. Lay insulation disk on top of ice. Attach cooler lid snugly.
5. Allow five minutes with occasional shaking to chill water.

### Always apply empty cuff *(The first time, have another person help)*

- Snugly secure strap around torso in front and back.
- Adjust underarm strap (first time only).
- Secure front and back elastic straps.



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### Fill and pressurize cuff

- **To fill cuff-** connect blue tube to cuff. Raise cooler no more than 15" (38cm) above the cuff for approximately 30 seconds while cuff fills.
- **To correctly position cooler-** Place cooler on stable surface. The cooler base should be even with the cuff.
- **To turn cooler on-** plug power supply into wall outlet and connect cord to lid.

**To AVOID excessive pressure during use, do not raise the cooler higher than 15" (38cm) above the cuff.**



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### To re-fill cooler:

When ice has melted, unplug the cooler.

**IMPORTANT: Empty the cuff completely while still attached to the cooler.**

When cuff is empty then empty the cooler. Repeat steps 1-5 to prepare the cooler for refilling.

### To clean cooler:

Use mild detergent to clean cooler and lid.

Do not submerge lid under water.

### To troubleshoot:

1. Make sure unit has ice and water filled to the line indicated inside the cooler.
2. Check power connections at wall and at the unit.
3. Make sure to fill pad prior to operating unit as instructions indicate.
4. Check pad connection; make sure to listen for a click when connecting the hose to the pad.
5. Make sure unit and pad are level for optimal performance.
6. This device may be susceptible to magnetic or electromagnetic interference. If this occurs, relocate or reposition the device.
7. Increase the separation between the equipment.
8. Plug the power supply into an outlet on a circuit different than other devices.
9. If unit motor is still not functioning—unit can be used as a gravity fed device—see figure 2 for positioning.

### CAUTION:

- Do not use an elastic wrap with the Cryo/Cuff IC.
- Dressings used under the Cryo/Cuff IC should be applied lightly.
- When filling the Cryo/Cuff IC, do not raise the cooler higher than 15 inches above the cuff to avoid excessive pressure.
- Reduce pressure with any sense of discomfort, numbness or tingling of the limb.
- Empty the cuff after each use, and prior to refilling.
- Patient skin condition checks must occur every 1- 2 hours on a routine basis.

**FOR TECHNICAL SUPPORT CALL 1-888-405-3251**



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